



Tips and Tools to Create a School Grounded in Kindness... Because it's Cool to Be Kind!

The desired school climate should be one free of bullying, intolerance, and bigotry. The goal is to create school environments where all students feel valued, safe and respected.

BE UPSTANDERS, NOT BYSTANDERS ...equip students with the words and actions to safely stand up for targets of bullying, both online and offline

- Organize a community-wide, district-wide, school-wide pledge event where everyone takes the David's Law Anti-Cyberbullying Pledge and places the stickers on their phones. Take pictures of the pledge event and post them on social media using #davidslaw.
- Establish sustainable clubs that focus on kindness and bullying prevention:
 - Random Acts of Kindness Club
 - Pay Kindness Forward Club
 - Upstander Club
- Create weekly kindness challenges and use social media to spread the word
- Start a peer mentoring program where high school students talk to middle school students and middle school students share with elementary school students about the effects of bullying and how they can be part of the solution
- Raise awareness of bullying and cyberbullying prevention in your community through speakers, personal testimony, bumper sticker, and/or yard signs
- Organize a parent partnership program where parents of elementary aged students are able to partner with middle and high school students to help organize bullying prevention initiatives
- Organize events in your school and community:
 - A bullying awareness walk/run, talent show, and/or KIND day
- Create a "Wall of Wonderful Words" in the hallway of the school where students can add words of encouragement, inspiration quotes, or a compliment about a classmate
- Coordinate a letter writing campaign to your state legislators and senators
 - You are a change agent and although you may not be of voting age, you have a voice about the effects of bullying and cyber bullying.
- Create bullying and cyberbullying prevention T-shirts, videos, posters, and/or social media blasts
- Organize a concert, a poetry or art contest where students can express their feelings about kindness and bullying prevention through the arts

David's Legacy Foundation

www.davidslegacy.org

There's a Soul Behind that Screen (Parent Resource) www.soulbehindthatscreen.org

A powerful video for parents comprised of short clips created by high schools about their own experiences with cyberbullying. For parents who watch the film, [Common Sense Media](#) developed useful advice using various situations in the film as a way to talk to explain how to talk with kids about online safety. Sponsored by AT&T, The Tyler Clementi Foundation, and Common Sense Media.

The Don't Bully Me (DBM) Project

The DBM Project was created by San Antonio attorneys who have donated their time to provide pro-bono legal services to resolve situations where serious incidents of repeated physical, social, and/or verbal bullying is occurring.

These services are currently available in San Antonio and the surrounding area with the goal that all Texas metropolitan cities will incorporate this model program as serve their surrounding smaller cities and towns.

The DBM Project's volunteer attorneys can be reached on David's Legacy Foundation's website under the DBM Project tab. All messages are sent directly to the DBM Project for review.

Show Your Support for David's Legacy

By joining together in speaking out against cyber bullying through social and legislative action, we can make a difference in the lives of today's youth. Here are four ways to get involved with David's Legacy Foundation:

1. Take the **David's Law Anti-Cyberbullying Pledge** by ordering your free sticker from David's Legacy Foundation on the "Get Involved" tab
2. **Like our Facebook Page** (@DavidsLegacyFoundation.)
3. **Join our Mailing List**
Stay up-to-date by signing up for emails from David's Legacy Foundation at www.davidslegacy.org on the "Get Involved" tab
4. **Donate at www.davidslegacy.org** or mail your gift to:
David's Legacy Foundation
PO Box 90732
San Antonio TX 78209

David's Legacy Foundation is a non-profit 501(c)3 organization and charitable gifts are tax deductible to the fullest extent of federal tax laws.